

**Transcript**  
**Antarctica with HX – discover a land beyond**

0:00:00 – 0:00:02

[Music begins]

White screen with black logo in the middle.

Text on screen: HX logo.

0:00:02 – 0:00:07

Logo transitions to a large white cruise ship with a navy-blue hull surrounded by snow covered ice. The camera pans backwards to reveal eight people standing on the snow near the ship.

0:00:07 – 0:00:10

Aerial views of snow-covered glaciers rising out of the Antarctic ocean as large Antarctic petrel birds soar overhead.

0:00:10 – 0:00:11

Female with long blonde hair wearing a cream knitted hat and black winter jacket and gloves uses binoculars to view the birds.

0:00:11 – 0:00:14

White cruise ship with navy-blue hull sails next to a looming glacier cliff five times its height.

0:00:14 – 0:00:17

A small glacier chunk rotates in icy Antarctic waters.

0:00:17 – 0:00:22

Aerial views of white snow-covered glaciers surrounded by blue skies and water.

0:00:22 – 0:00:24

Close up of a male guide wearing a yellow wet suit and orange life preserver. He is standing in an expedition raft as he steers it away from the cruise ship behind him.

0:00:24 – 0:00:25

Panoramic aerial shot of an expedition raft moving across an icy bay while a huge blue- glacier appears in the foreground.

0:00:25 – 0:00:27

Two females in dark winter clothes and a staff member in a red winter jacket enjoy the views from an expedition raft, as the cruise ship floats behind them.

0:00:27 – 0:00:30

A leopard seal yawns as he basks in a sunbeam on a piece of ice floating in the Antarctic.

0:00:30 – 0:00:31

Close-up of an adult Macaroni penguin with its distinctive yellow head feathers.

0:00:31 – 0:00:34

An expedition raft carrying four people in winter gear travels across the Antarctic Ocean between two large glaciers.

0:00:34 – 0:00:36

A white Antarctic Fur Seal pup sits on a rocky outcrop, surrounded by dark grey Fur Seal pups.

0:00:36 – 0:00:37

A lone King penguin waddles across a snowy field with the icy ocean behind him.

0:00:37 – 0:00:38

A blonde woman wearing a black touque and winter jacket raises a long lens camera to her eye to take a photo.

0:00:38 – 0:00:40

Close-up of an adult Macaroni penguin grooming its fuzzy chick on a rocky outcrop.

0:00:40 – 0:00:44

A Humpback whale dives back into the water just meters away from three kayaks with people taking photos.

0:00:44 – 0:00:46

A person in a red winter jacket and black pants hikes up a steep snowy path using red ski poles.

0:00:46 – 0:00:47

Wide shot of seven people in red winter jackets hiking in a straight line across a snowcovered field.

0:00:47 – 0:00:48

Close up of the side of an expedition raft moving quickly through water.

0:00:48 – 0:00:49

Close-up of a group of eight guests on an expedition raft reflected in the guide's mirrored goggles.

0:00:49 – 0:00:50

Wide shot of snow-covered glacier mountains rising from the icy ocean waters.

0:00:50 – 0:00:52

A guest in a red winter jacket walks through a snowy field filled with penguins.

0:00:52 – 0:00:53

Two adult Antarctic Fur seals fighting on a grey rocky outcrop.

0:00:53 – 0:00:55

A man and a woman in winter gear look out over the Antarctic Ocean. The man points at something as the woman lifts binoculars to her eyes.

0:00:55 – 0:00:57

A whale lifts its tail as it dives down into the Antarctic Ocean.

0:00:57 – 0:00:59

The sun sets over the horizon next to a small mountain as two two-person kayaks paddle across the ocean's surface.

00:00:59 – 0:01:00

Cut to a paddler's point of view from one of the kayaks facing the sunset.

0:01:00 – 0:01:03

A young penguin waddles across a snowy field surrounded by mountains.

00:01:03 – 00:01:05

An adult Antarctic Fur seal sits on a brown rocky outcrop and roars.

0:01:05 – 0:01:06

A blonde woman wearing a blue knit touque smiles as she looks out toward the seal.

0:01:06 – 0:01:07

Cut back to the same seal sitting on the brown rocks.

0:01:07 – 0:01:09

Stunning panoramic views of the sunrise over snow-covered mountains and a large glacier.

0:01:09 – 0:01:10

Interior view of a woman reading a book next to a window overlooking the nearby glacier.

0:01:10 – 0:01:15

Sun sets over the Antarctic landscape.

0:01:15 – 0:01:21

White screen with navy-blue writing.

Text on the screen: HX logo Hurtigruten Expeditions

[Music ends]